



**SNAP - MAP - NAP - ADAPT**

**ADAPT stage**

**Reflecting and  
planning forward**



# Content

01 **Our Neighbourhood Action Group**

02 **NAP Stage 1 - The Foundations**

**Networks and Partnerships**

**Volunteers**

**Inclusion and Steps to Engagement**

**Stigma and Visibility**

**Barriers and Opportunities**

03 **The Foundations - Priorities for Action  
and Checklist**

04 **NAP Stage 2 - Strand-based work**

**Focus of action and checklist**

05 **Timeline for Action**

06 **Best and Worst Parts**

# 01. Our Neighbourhood Action Group

- Did the original group continue the project until the end? Any changes to the composition of the group, and why?
- Would it be helpful to involve anyone else in particular for similar future projects?
- Did we need have enough participants? If not, what could be improved to increase participation?

*Use this space for notes and scribbles*

# 02. NAP stage 1 - The Foundations: Networks and Partnerships

- Were any new partnerships and networks created as part of the project? Which ones?
- Have any further ones been identified for future projects?
- Was partnership important for the project and do we feel that it has been successful? Why/why not?
- What could be improved going forward?

*Use this space for notes and scribbles*

## 02. NAP stage 1 - The Foundations: Volunteers

- Were there volunteers involved as part of the project? How many?
- How did they support the project?
- Did they stay for the duration of the project or have they only helped with targeted activities?
- What are the plans for continuing the relationship with the volunteers network after the completion of the project?
- Any further reflection on working with volunteers?

*Use this space for notes and scribbles*

# 02. NAP stage 1 - The Foundations: Inclusion and Steps to Engagement

- How were participants identified and connected with? Who were they (people living with dementia/carers/other?)
- How often were meetings held? Were they online or in person?
- Think about the challenges and successes of the process of recruiting and involving participants.
- What worked very well?
- Anything that could have been improved in the structure of the collaborative work?

*Use this space for notes and scribbles*

## 02. NAP stage 1 - The Foundations: Stigma and Visibility

- Was stigma about dementia an issue in our neighbourhood?
- Have there been any ways in which we have worked to raise awareness about dementia in our neighbourhood?

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## 02. NAP stage 1 - The Foundations: Barriers and Opportunities

- What were the barriers to people getting involved in our neighbourhood?
- Who in our neighbourhood's network was able to help? Has anyone been identified for further support with this in the future?

*Use this space for notes and scribbles*

# 03. The Foundations - Priorities for Action and Checklist

What 'foundations' have we worked on through the programme?

- Volunteers
- Inclusion and Steps to Engagement
- Stigma and Visibility
- Barriers and Opportunities
- Networks and Partnerships

Which ones have been identified for future work?

- Networks and Partnerships
- Volunteers
- Inclusion and Steps to Engagement
- Stigma and Visibility
- Barriers and Opportunities

How was the work on the foundations prioritised and what are the next steps at this stage?

# 04. NAP Stage 2 - Strand-based work: Focus of Action and Checklist

What strand/s did the programme focus on?

- Environment
- Digital
- Art

Were there any changes from the original NAP? What strands would require further work in the future?

# 04. NAP Stage 2 - Strand-based work: Focus of Action and Checklist

What specific tools and resources were utilised as part of our programme of activities? (Did this change from what was originally planned?)

## Environment

- Iridis App
- Conversations about My Environment
- Public Outdoor Assessment Tool
- Public Indoor Assessment Tool
- City Walking Audit Tool

## Digital

- How Digital Is Our Neighbourhood?
- Digital and Tech Guides

## Art

- A creative approach to equity in our neighbourhoods (any of the activities included)

# 04. NAP Stage 2 - Strand-based work: Focus of Action and Checklist

What was achieved through the work on a specific strand?

What requires further work? What will success look like once that is completed? What are the next steps to make these changes happen?

# 05. Timeline for Action

Was the timeline set at the beginning realistic? If not, what were the obstacles and what could be improved going forward?



# 05. Timeline for Action

If further work and priorities have been identified, what would an ideal timeline for action look like?



## 06. Best and worst parts

Overall, what worked well and why? What was learned and what were the key successes?

Overall, what were the main obstacles and issues encountered? Were they avoidable? What was the learning from the experience?